

MORTGAGE FORECLOSURE SALE
Default having been made in the payment of the indebtedness secured by...

Case No. 01-CV-2021-901618
NOTICE OF SERVICE BY PUBLICATION
In the Circuit Court of Jefferson County, Alabama...

Case No. 22BH000723
CHANGE OF NAME PUBLICATION FOR A MINOR
State of Alabama, Jefferson County...

Case No. 22BH000997
NOTICE TO CREDITORS
In the Probate Court of Jefferson County, Alabama...

Case No. 22BH001019
NOTICE TO CREDITORS
In the Probate Court of Jefferson County, Alabama...

Case No. 22BH001001
NOTICE TO CREDITORS
In the Probate Court of Jefferson County, Alabama...

Case No. 22BH001038
NOTICE TO CREDITORS
In the Probate Court of Jefferson County, Alabama...

Case No. 22BH000968
NOTICE TO CREDITORS
In the Probate Court of Jefferson County, Alabama...

Case No. 22BH001074
NOTICE TO CREDITORS
In the Probate Court of Jefferson County, Alabama...

Case No. 22BH001040
NOTICE TO CREDITORS
In the Probate Court of Jefferson County, Alabama...

Case No. 22BH001073
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NOTICE OF SALE OF ABANDONED MOTOR VEHICLES
Pursuant to the provisions of Alabama Abandoned Motor Vehicles Act...

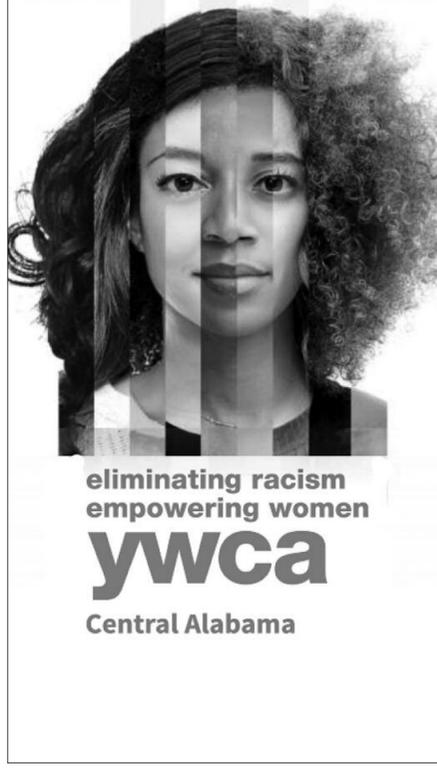
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JUCA
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AMERICAN ASSOCIATION

NOTICE OF PUBLIC SALE
SAM JACKS AUTOMOTIVE gives Notice of Public Sale of Liens and intent to sell these vehicles on June 10, 2022...

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SUDOKU

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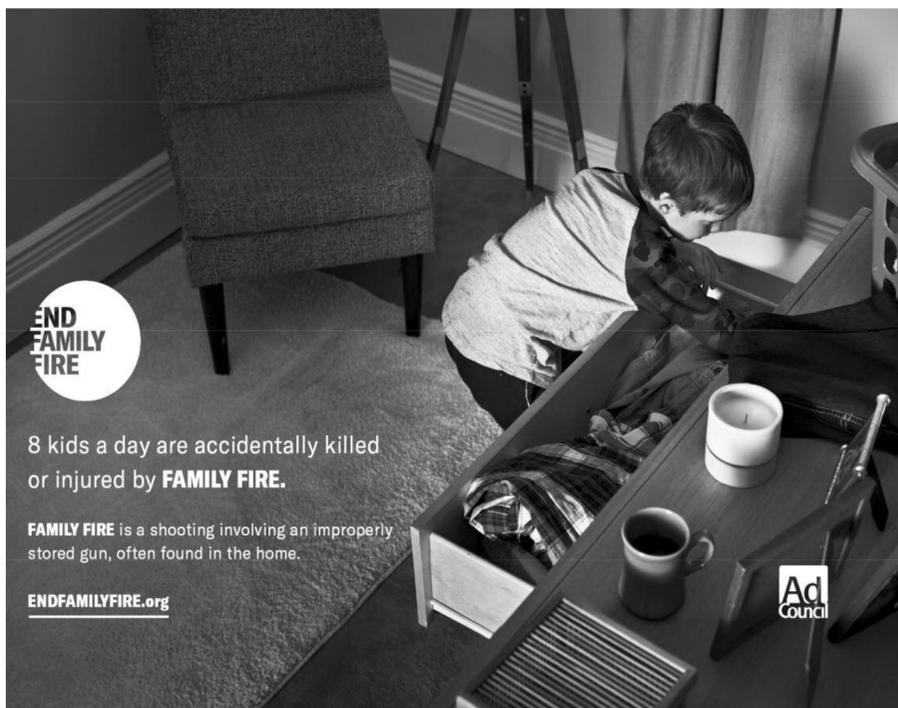
FROM
~~\$1,949~~
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FREE ONBOARD CREDIT

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.



END FAMILY FIRE

8 kids a day are accidentally killed or injured by **FAMILY FIRE**.

FAMILY FIRE is a shooting involving an improperly stored gun, often found in the home.

ENDFAMILYFIRE.org

SUDOKU Solution

5	6	3	1	7	2	9	4	8
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8	9	1	4	6	3	5	7	2
3	5	7	2	1	8	6	9	4
4	2	6	5	9	7	8	1	3



HE HAS TWO JOBS BUT ONLY GETS PAID FOR ONE.

Caregiving is tougher than tough. Find the care guides you need at AARP.org/caregiving

Myths and Facts About the Home Healthcare Nursing Industry

(StatePoint) The last few years have put immense pressure on nurses to work longer, harder and with less staff. New research suggests that many nurses feel unseen, undervalued and unsupported, wondering if it's worth it.

In a recent survey from National Nurses United, 68% of the nurses who responded said they have considered leaving their position.

"Unfortunately, many current nurses and those entering the field don't explore careers in home healthcare," says Jennifer Sheets, president and chief executive officer of Interim HealthCare Inc. "Home health nurses care for patients one-on-one in their home, where care is personal and nurses are empowered to improve patient outcomes. Plus, they have the flexibility to make their own schedule and the autonomy to be the nurse they were trained to be. Many fall in love with nursing all over again once they discover how rewarding a career in home healthcare can be."

As part of its "We See You. We Celebrate You" campaign commemorating National Nurses Week (May 6-12), Interim HealthCare is shedding light on the benefits of working as a nurse in the home healthcare industry, and dispelling some common myths about this career path.

Myth: Home healthcare means only working with seniors.

Fact: Home health nurses work with people of all ages, including newborns and children. They offer a wide variety of services, from specialized personal care for children with disabilities to management for those who are dependent on devices such as ventilators, bi-pap, c-pap, trachs and apnea monitors.

Myth: Home healthcare only involves working with very sick people.

Fact: Home healthcare nursing services offer the full continuum of care and can include health assessments for blood pressure, glucose and postoperative recovery, wound care, IV management, medication administration and disease and treatment education.

Myth: Home healthcare is just babysitting for adults.

Fact: Home health RNs give clients of all ages (and their families) a sense of independence. They take an individualized approach to ensure that clients feel empowered at home, regardless of age, health or disability.

Myth: Home health clients won't like having a stranger in their home.

Fact: Home health workers and their clients can form strong bonds and feel like family, often attending birthday parties, weddings, graduations and other major life events.

Myth: Home health means being siloed and working on one's own.

Fact: Home health RNs have a whole support team behind them ensuring they have the tools and skills to provide the client with what they need. There is also a wide array of training courses offered by home health organizations to expand skills.

In addition to raising awareness about home healthcare careers this National Nurses Week, Interim HealthCare is also celebrating those in the field. Nurses and those exploring nursing can visit ihcnursesweek2022.com to explore careers, connect with other professionals, find messages of encouragement and enter for a chance to win prizes offering much-deserved "me time," including a summer escape.

"In spite of the many challenges healthcare professionals have faced over the last two years, nurses have remained strong," says Sheets. "We believe that when a culture values, appreciates and advocates for nurses in a way that elevates their profession and rewards their work, such as in the home healthcare industry, nurses will not just get by, but thrive."



Protecting People and Property from Wildfires

(StatePoint) Today, one-third of all U.S. homes are in what are known as wildland-urban interface (WUI) zones, regions in or adjacent to areas prone to wildland fires. As with many types of disasters, wildland fires are increasing in severity and frequency. This is because of the continuously changing climate. However, there are things we can do now to help protect properties, ensure the safety of residents, and strengthen local communities.

Building Safety Month is an annual international educational campaign to raise awareness about building safety codes and the work of code professionals. Organized by the International Code Council every May, it serves as a helpful reminder that one of the most effective ways to prepare for, prevent, and mitigate wildland fires and other natural hazards is by adopting, implementing, and enforcing up-to-date building codes and standards.

"While forest management and traditional wildland fire suppression activities reduce the severity of WUI fires, unless rigorous wildland fire codes and standards are also adopted and enforced, lives and property remain at risk," says Karl Fippinger, CEM, PMP, vice president of Fire and Disaster Mitigation for the International Code Council.

As Fippinger notes, building codes such as the International Wildland-Urban Interface Code (IWUIC) have been shown to be effective and should be adopted by both communities within WUI zones, as well as areas that may soon be in the crosshairs due to a changing climate. The IWUIC focuses on the use of ignition-resistant building materials, screens to prevent embers from penetrating into eaves and under foundations, creating defensible space, and providing access to water supplies for fire services.

The National Institute of Building Sciences found that adopting the 2015 edition of the IWUIC in 10,000 census blocks across the country would generate \$4 in wildland fire mitigation savings for every \$1 invested. Additionally, retrofitting 2.5 million affected homes to the 2018 IWUIC could provide a nationwide benefit-cost ratio as high as \$8:1.

Fortunately, FEMA's new Building Resilient Infrastructure and Communities (BRIC) grant program prioritizes the adoption and implementation of hazard-resistant codes like the IWUIC.

In addition to supporting the enforcement of up-to-date building codes and standards at the community level, low-cost wildland fire prevention and mitigation activities can provide homeowners with an additional layer of protection and peace of mind:

- **Tidying your yard:** Simple landscaping can make a big difference in the event of a wildfire, so consider regularly removing leaves, tree limbs and low-hanging branches from around your home, as well as clearing any dead brush and dense vegetation. Also, store firewood and other easily flammable things at least 30 to 100 feet away from the house, sheds, or other structures.

- **Furthermore,** consider plants with high moisture content, which are more fire-resistant and with appropriate distance, can help create a firebreak around your home. However, it will be important to control the height and spread of ground covering vegetation.

- **Maintaining your home:** Keeping gutters, eaves and your roof clear of leaves and other debris is vital as these actions can help feed the flames of wildland fires.

If you're thinking of potential renovations or remodels, consider including fire safety features on any decks, porches, fences and other add-ons. For example, consider building with listed and approved fire-resistant materials. Also consider disconnecting combustible fencing from your home and other structures and replacing those connections with fire-resistant fencing materials.

If you have a deck, remember to clear debris underneath and create a defensible space around it.

"Each year, wildfires cause insurmountable damage – resulting in mounting costs with enormous economic and environmental impacts. However, by investing more now to ensure our communities have the proper protections, we can mitigate the damage and support a faster recovery in the aftermath of a disaster," says Fippinger.

For more information about building safety and disaster preparation, visit iccsafe.org.

